







STRONGER TOGETHER

YMCA OF COLLIER COUNTY
2022 IMPACT REPORT

The Y.™ For a better us.



For 55 years, the YMCA of Collier County has been the leading charitable organization committed to strengthening the community by helping children, teens, adults, and seniors develop their potential, discover their purpose, and connect with each other.





100,000+

Community members served by Y staff and volunteers.







750+ CAMPERS
Attended summer camps at the Y.



Learn water safety skills, including swim lessons, drowning prevention and advanced skills to prevent the tragedy of drowning.





500⁺ VOLUNTEERS

Share their time and talents with the Y to strengthen the community.



80,000 MEALS SERVED

To children in outreach programs.





\$1,800,000+

Financial assistance scholarships provided to qualifying families in Collier County to assure access to our programs.

SERVING OUR COMMUNITY LIKE NEVER BEFORE

Dear Y Partner,

Did you know that the YMCA of Collier County has been serving our community since 1967?

That's over 55 years!

We are the only human service organization providing support for all ages and all income levels through Collier County, including **Naples**, **Marco Island**, **East Naples**, **Everglades City** and surrounding areas. That is why we are the YMCA of Collier County. Our YMCA serves more than 100,000 people each year, including members, paid participants, and service recipients, many of whom are children. **We never turn anyone away because of an inability to pay.**

The Y's strategic goals include providing the highest quality youth development programs, as well as vital services for seniors, enriching activities for families, expert resources to address chronic diseases, a world-class member experience and critical human services throughout our communities.

While many of our programs are funded by member and participant fees, we depend on charitable giving from individuals, organizations, and businesses to provide approximately \$1.8 million dollars annually – mostly for children's programs such as early learning, after–school, and summer camp.

Thank you for partnering with us in our mission to put Judeo-Christian principles into practice through programs that build healthy spirit, mind, and body for all!

Lucarda "Cirky" Live - Abourader

With appreciation,

Lucinda "Cindy" Love-Abounader,

President & CEO

YMCA of Collier County





FUNDING PRIORITY LITERACY & EDUCATION

As part of our Strategic Plan and its initiatives, the YMCA of Collier County is committed to developing the potential of every child through partnerships and expanding Youth Development throughout Collier County with the following programs:



YREADS

Last year, over 20 trained volunteers mentored 60 students who were below grade level in reading through our YREADS after-school literacy program. Students in YREADS gained an average of 1 to 2 years of reading growth.

EARLY LEARNING

100% of our Early Learning students tested kindergarten ready by age five.



AFTER SCHOOL

In addition to academic support, students participated in at least 30 minutes of vigorous physical activity per day.

SUMMER CAMP

93% of our campers improved and maintained reading and math skill levels, preventing achievement losses known as "the summer slide."



As a single mother working full time, I needed an affordable, quality childcare program for my son. With the generous financial assistance from the YMCA, I was able to leave my son in the hands of caring, attentive teachers who wanted only the best for him.





FUNDING PRIORITY HEALTH & WELLNESS

As a community leader in Health and Wellness, our Y is guided by the Strategic Plan and its initiatives to ensure programs and services that build health and well-being are available to all.



PARKINSON'S WELLNESS PROGRAMS

"Pedaling for Parkinson's" and "Rock Steady Boxing" are wellness programs that help individuals fight back against Parkinson's through specialized movements that have been proven to reverse, reduce and even delay the symptoms of Parkinson's.

NUTRITION & WEIGHT LOSS

We support individuals, families, and the community as they reclaim their health through intentionally designed nutrition programs.





ADULTS IN MOTION

Provide group exercise programs, using easy-to-learn movements, that helps older adults improve strength and flexibility so daily living activities become easier.

STRATEGIC PARTNERSHIPS

We've collaborated with strategic partners to offer medical integrated chronic disease prevention and management programs, physical and dietary assessments, behavior therapy and performing arts at the YMCA.



l attend Pedaling for Parkinson's classes at the Y. My mobility has significantly improved because of the professionalism of your Instructors. They are so caring, understanding, patient and kind. I owe them a lot and I felt that you should know how appreciated they are by all participants.





FUNDING PRIORITY TOGETHERHOOD & WATER SAFETY

Now more than ever, our community needs spaces and programs available to people of all generations, backgrounds, and perspectives. At the Y, we welcome everyone, because we believe our communities are stronger when we come together.



DROWNING PREVENTION & WATER SAFETY

As one of the largest community-based organizations in the county, the Y owns two pools, which has allowed us to teach more than 400 children invaluable water safety and swimming skills last year.

Did you know?

Florida leads the nation with the most child drownings of all ages (under 18) by more than double the next closest state; 80% of those drownings involved children under the age of 5.



BREAD RUN

In partnership with Publix, Starbucks, and Empire Bagel Factory, **30**+ volunteers deliver donated food to **400** people everyday.



Partnering with Our Daily Bread and Meals of Hope, the YMCA is serving families who encounter food insecurity.



COMMUNITY BLOOD DRIVES

Last year, the YMCA of Collier County held monthly drives that brought in 268 units of lifesaving blood, enough to save up to 800 lives.





When you volunteer at the Y, you help us strengthen communities and support your neighbors. Each of our volunteers helps move people and

communities forward, delivering the benefits of good health, strong connections and greater self-confidence. As a YMCA volunteer, you can tutor children, coach a youth sports team, or have fun helping out at a special event. When you volunteer at the Y, you are taking an active role in bringing about change in our community.





COMMUNITY INITIATIVE VOLUNTEERISM

The YMCA welcomes volunteers of all ages and backgrounds to share their time and talent. Our volunteers are critical to strengthening communities, improving lives and helping people reach their potential.

Program Support	Short Term	Long Term	Individuals	Groups
Story Time Reader	•	•	•	
Teachers Assistant	•	•		
Aquatics Assistant		•		
Playground Helper	•	•		
Homework Helper	•	•		
YREADS Mentor	•	•		
Fundraising Supporter	•	•	•	
Community Garden Helper	•	•		•
Youth Sports Coach/Referee		•		
Fitness Center Attendant	•	•		
Parkinson's Programs Class Assistant		•	•	
Health Educator	•	•		
Volunteer Coordinator		•	•	
Bread Run Volunteer				
Leadership	Short Term	Long Term	Individuals	Groups
Healthy Living Advisory		•	•	
Wellness Advisory		•	•	
Special Events Advisory			>	
Family Programs	Short Term	Long Term	Individuals	Groups
Craft Classes	•			
Lectures				
Family Night	•			
Decorations				
Children's Events	Short Term	Long Term	Individuals	Groups
Boo-Tacular, Santa's Calling, Daddy Daughter Dance, Healthy Kids Day	•		>	•
Fundraising Events	Short Term	Long Term	Individuals	Groups
Golf Tournament, Gala, Chuck Thomas Tour de Marco, Mutts & Margaritas, Sneaker Ball	>		•	•

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\$1,000 COMMUNITY DONORS

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