

OUR VOICE



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FOR HEALTHY LIVING
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GREATER NAPLES YMCA

5450 YMCA ROAD, NAPLES FL

January 2018

www.GreaterNaplesYMCA.org

A newsletter for members and volunteers of the Y



NAPLES YMCA ANNOUNCES NEW BOARD LEADERSHIP

The Greater Naples YMCA is pleased to announce the election of John Brooks as our new Chief Visionary Officer of the General Board of Directors. John is extremely passionate about the Y and is excited to be leading the Board in strengthening our community through youth development, healthy living and social responsibility. John succeeds Amy Chappell M.D., and will serve a one-year term, ending in 2019.

John's relationship with the Y has been long-standing, working as a volunteer at the Detroit Y for 35 years. John has also served on the Naples board previously and is now proud to be serving again.

Family is important to John. He was married for 35 years before losing his wife to illness, they had three children together. John was blessed a second time when he married his second wife, Bunny. They've been married for 20 years and together they have 5 children. Naples is home to them for most of the year, they also spend time in Michigan.

We look forward to John's leadership as we continue to bring meaningful change in individuals and our community. **(cont. on next page)**

SPECIAL REMINDERS

NEW YEAR, NEW GOALS

Try a new program at the Y! It's a great way to learn something new, achieve your wellness goals and meet new people. Plus, our program lineup has something for everyone - wellness, sports, swim and more! Sign up online or visit us at the front desk today!

NAPLES YMCA ANNUAL GALA

Join us **Sunday, February 18** for a night of fun, food and of course, our incredible live auction. This year's Gala will be an elegant evening of dinner and entertainment held at the Naples Sailing & Yacht Club. For exciting updates, live auction, tickets or sponsorship opportunities, visit www.GreaterNaplesYMCA.org/gala.html.

VOLUNTEERS NEEDED!

The Y is looking for volunteers to help with the Chubb Classic Golf Tournament at Twin Eagles Club (2/12 - 2/18). A variety of volunteer positions are required to make this tournament a success. If you are interested in getting involved, please email us at volunteers@greaternaplesymca.org to register by 2/1/18.

GIVE WHERE YOU LIVE

The Y is a proud partner of Give Where You Live Collier, our region's 24-hour online giving challenge. This exciting event is organized by the Community Foundation of Collier County and is set to launch at noon on February 21. Together, we'll show off Collier County's spirit of giving, raise awareness about the YMCA and celebrate the collective effort it takes to make this region great. You can learn more at GiveWhereYouLiveCollier.org

NEW BOARD LEADERSHIP... (con't.)

The Greater Naples YMCA also welcomes the following new board members (left to right):

- **Greg Woods**, Managing Partner, Woods, Weidenmiller, Michetti & Rudnick, LLP
- **Jim Krall**, Engineer and Land Surveyor, The Moorings
- **Dr. Walter Douglas**, Douglas Diversity Consultant & Associates, Pastor

Each new board member offers a wide variety of experience that will be critical in advancing the Y's mission in the community we serve.



RECIPE OF THE MONTH

CREAMY RED PEPPER CASHEW DIP

Ingredients

- 1 1/2 cups raw cashews, soaked or boiled
- 1/2 red pepper
- 1 cup non-dairy milk, such as soy or almond
- 1 clove garlic, minced
- 2 tablespoons nutritional yeast
- 1 tablespoon lemon juice
- 1 teaspoon chili powder
- 1/2 teaspoon salt

Instructions

Soak the cashews in a bowl of water for at least 3 hours until they are soft or boil them in water for 10 minutes. Drain. Add everything to a high speed blender and blend, blend, blend!

For a hot dip, heat in a sauce pan over medium low heat, stirring frequently so it doesn't burn. For a cold dip, serve right away. Great with chips, veggies, or any other delicious dippy things.



COMMUNITY EFFORT MAKES GIVING TREE A GREAT SUCCESS

The Greater Naples YMCA's Giving Tree was a great success this year, making the holidays brighter for kids, teens and families in need. Applications from 21 families were received, totaling in 192 gift requests. Hundreds of members, Y staff and volunteers and community organizations, FCB Bank and Harvest Bible Church, stepped up to help those in need.

The families were amazed at the generosity poured out to them and many had tears of gratitude. Gifts ranged from the basics of shoes, socks and clothing to bicycles, scooters, dolls, games, legos, crafts, gift cards and many more.

"I am writing to express my utmost gratitude for the gifts my children received from the generous donors of the Greater Naples YMCA. My children were so happy to receive the gifts. The clothing fit perfectly and they love the choices that were made. I am impressed with how splendid they have been with my children and I will never forget this blessing I received from the YMCA".

– Giving Tree recipient

NAPLES YMCA CONTINUES HURRICANE RECOVERY

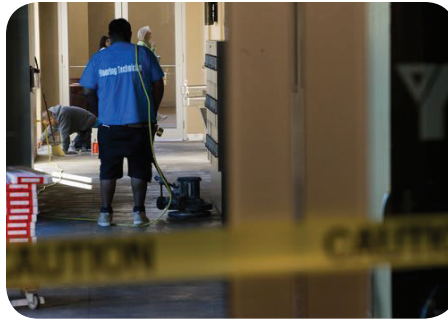
In September, Hurricane Irma inflicted terrible damage across our state. Like many of your homes and businesses, our Y's campus suffered significant damages from the hurricane. Recently, the Y launched a hurricane recovery campaign to help pay for repairs from damage caused by Hurricane Irma.

Damages from Irma exceed more than \$300,000 to the organization's main campus, including:

- Substantial water and structural damage to our Early Learning Center trailers.
- Damage to the roof top's artificial turf.
- Flooding to the main campus damaging all the carpets from the east wing all the way to the west wing.
- Significant wind and water damage to the Youth Development Center's roof.

Since launching the recovery campaign in December, we've raised more than half of our goal. We've had incredible support not only from our YMCA members, Y staff, volunteers and supporters, but community organizations have also stepped in to help. Those organizations include the Community Foundation of Southwest Florida, Arthrex, Dick's Sporting Goods, Lucky's Market Naples, Bank of America, Harvest Bible Church and Americorp.

Repairs are already underway. In late December, work began to install new floors to the hallways; they were completed the first week of the new year. Also in the new year, work began to replace the roof to the Youth Development Center. The preschool trailers suffered significant damage and will also need repairs. The damage forced the YMCA to make room for the 150-plus students in the Early Learning Program inside the main building. Part of the money being raised will go toward repairing the trailers which will be crucial to running after-school and summer day camps that serve hundreds of children.



"It's our responsibility and our mission to serve and advance our community, our kids are the most crucial part of that. It's about our kids and our families. We're all in this together, we're better and stronger together." – Heather Perkins, Naples YMCA COO

We still need your help and with your support, we can raise the remaining \$150,000 to reach our goal! To support our hurricane recovery efforts, visit our website at www.greaternaplesymca.org/recovery.html. **DONATE TODAY FOR A BETTER US.**



LUCKY'S MARKET RAISES NEARLY \$16,000 FOR THE Y

Lucky's Market in Naples hosted "Impact Day", a day benefitting communities affected by Hurricane Irma. The Greater Naples YMCA was the choice non-profit of Impact Day. The organization receive 10% of the events sales, which resulted in a gift of nearly \$16,000.

NEW CLASS ALERT

Get ready for **LES MILLS GRIT™**, the hottest high-intensity interval training workout around! The **LES MILLS GRIT™** series features three unique 30 minute workouts, including cardio, strength, and plyometrics. Each workout is designed to drive different results and is lead by certified instructors who will be down on the floor with you, motivating you to go harder to get fit, fast.

LES MILLS GRIT™ Launches January 27!

Sign up today for single classes (\$10/Members, \$20 YMCA Guests) or purchase 10 packs (\$100 Members, \$200 YMCA Guests).





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GREATER NAPLES YMCA'S

ANNUAL GALA

02.18.18

Get your tickets at www.GreaterNaplesYMCA.org/gala.html



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